



NEWSLETTER

Week 20 1/16-19

CLASSROOM NEWS

Investigation: What are the different types of exercise?

Book: Move Your Body: My Exercise Tips

Alphabet Knowledge: Visual Features: I, P, B, D

Heggerty (Phonemic Awareness): Week 17

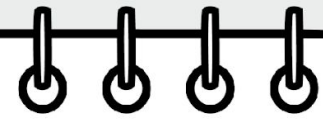
Great 8/Capturing Kids Hearts: "Goal Directed Behavior"

Rainbow Rotations: Rainbow writing letters I, P, B, D, Motor Lab, Roll a shape game (identifying shapes, representing numbers, operations), Academic concepts practice (using music and visuals to practice letter, number, shape, and color identification), movement patterns, exercise exploration (endurance, strength, balance, and flexibility), geoboard shapes (creating and describing shapes)

Discussion & Shared Writing: What are the types of exercise and how do they help us? What exercises belong in each group?

Centers: dramatic play "Gym," construction: build an obstacle course, writing/creativity: draw pictures and write words, library: read books, fine motor activities, technology time.

REMINDERS We need **volunteers** to teach our students about **different types of exercise**. If you have a specialty: yoga, jiu jitsu, karate, weightlifting, running or marathons, tai chi, bicycling, aerobics, etc and you'd be willing to demonstrate and/or discuss with the students, please send me a message. This week the best times for presentations are between 8:15-8:45 or 2:00-2:30 (except for Friday; we have library).



EVENTS

JANUARY

15 School Holiday for Staff and Students (No School)

25 SPIRIT STICKS SALE at lunches

26 All Pro Dads Meeting 7:00 am / Personal care donations DUE

29 Author Visit: Jessixa Bagley (PK 8-8:45)

31 Class GROUP Pictures (PK 8:00 am)

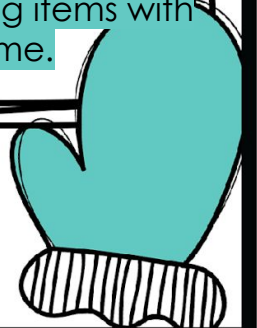
FEBRUARY

1 100th day of school!

5-9 National School Counseling Week

TO-DO

BUNDLE UP this week! If temperatures are too low, we will not be playing outside. However, there will be transition times when your child will need warm clothing. Please label all clothing items with your child's name.



Obstacle Course

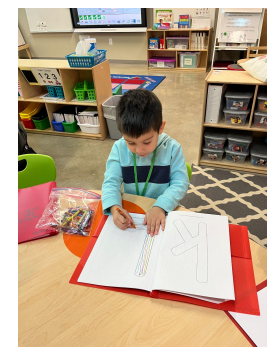
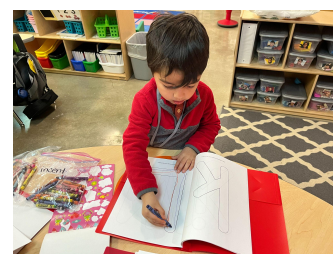
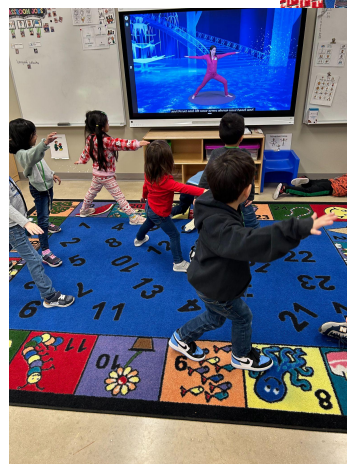
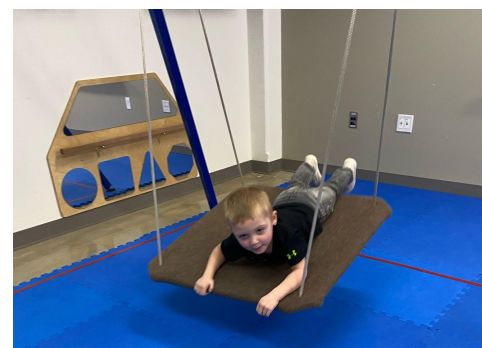
Our students had a blast creating and following an obstacle course during center time play.

Motor Lab

The children have been doing a great job following our motor lab activities. We have some new rotations set up by the OT this week!

Exercise & Movement

Our students have enjoyed following exercise and movement activities that incorporate yoga and breathing.



“Rainbow Writing” What & Why?

During rainbow writing we teach students the correct way to hold a writing utensil and form the uppercase letters correctly, moving from top to bottom and left to right, writing using straight and curved lines. It is called “rainbow” writing because we use many different colors and write the letter multiple times. The repetition helps the student’s grasp become more natural and automatic and helps them practice the correct formation. I strongly encourage you to use broken crayons during writing and coloring; they CANNOT be grasped with a fist/palmar grasp and force the child to use a tripod grasp (three finger pinch). Our 3 year old students are encouraged to participate and experiment with writing/drawing more freely. Our four year olds are encouraged to use correct grip and more structured practice.

Library Time

Mrs. Polk, our new librarian, has invited PK to have library time on Tuesdays/Fridays (A/B week) at 2:00 pm. We had our first library visit on Tuesday last week (this week will be Friday). The students LOVED it!



Perfect Attendance Rewards

Students who had perfect attendance for the second reporting period and for the first semester were recognized at our Roadrunner Rally on Friday. (Not pictured: CT—they didn't call her name until the second semester rewards; our admin apologized for that.)



Mrs. Wilson's homeroom earned 10 perfect attendance days and voted on a pajama day or popcorn party. It was tie, so we did both!! We have two days towards our next reward, so let's continue to have perfect attendance!



Our other homeroom class currently has **four** perfect attendance days, so we just need six more to earn a reward!

popcorn party		pajama day	
Nieko	1	Noah	1
Arturo	2	Jackson	2
Adeline	3	Dev Sai	3
Milo	4	Julia	4
Miranda	5	Ezra	5
Cassidy	6	Vincent	6
Brooks	7	Erik	7
Nehemiah	8	Megha	8



Pre-K had only ONE absence all of last week! That is our best attendance so far this year! Let's keep it going!!!

